

1st Eastern Europe Wako Kickboxing Cup

„Silver Griffin Cup 2018”

(Kick-Light, Full,K-1)



Sport Society „SEDNA” & Latvian Kickboxing Federation

in cooperation with

Sport Department of the Ministry of Education and Science of LR,

Council of Latvian Sport Federations,

Rezekne City Council and Sport Department of the Rezekne City

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Rezekne, Latvia 05-06.05.2018

City of seven hills, Heart of Latgale

Nikolajs Pusnakovs +371 29100236 nikolajs.pusnakovs@gmail.com

Vladimirs Jersovs + 371 26226838 wakolat@inbox.lv

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Event Regulation

Event Date	05-06th April, 2018
Invitation	<p>Latvian Kickboxing Federation invites all martial art representatives to participate in Latvia Eastern Europe Kickboxing Cup „Silver Griffin Cup 2018”, which will be held in 05-06th May, 2018 at Rezekne, Valsts robežsardzes koledža, Zavoloko iela 8, LV 4600.</p> <p>Championship is organized by sport society “SEDNA” and Latvian Kickboxing federation in cooperation with Sport Department of the Ministry of Education and Science of LR, Council of Latvian Sport Federations, Rezekne City Council and Sport Department of the Rezekne City</p>
Schedule	<p><u>Registration and weighting:</u> 05th May from 09:00 – 13:00 <u>Drawing:</u> 05th May From 13:30 – 14:30 <u>Preliminary rounds (1/4) 15 fights</u> 05th May From 15:00 – 17:00 <u>Referee and coach seminar:</u> 05th May From 17:30 – 19:30 <u>Official party</u> 05th May From 21:00 – 23:59 <u>Fight schedule, awarding</u> 06th May</p> <ul style="list-style-type: none">● from 9:30 – 10:00 open ceremony● from 10:00 - 14:30 preliminary rounds● from 14:30 – 15:00 break and lunch time● from 15:00 - 18:00 – finals● from 18:00 awarding (medals, diplomas, valuable prizes, team cups)
Rules	<p>Championship is an official Latvian Open cup of Latvia. Championship will be help using WAKO rules. On preliminary agreement with the organizing committee, judges from counties-participants are welcome, please note WAKO rules for judges.</p>

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Medical service	Championship organizer is responsible for providing medical service to official championship participants during the championship (in accordance with their health insurance). Each participant must have a valid identity document (with photo) and a medical certificate, signed by a doctor. In case of need sportsmen will be able to undergo medical check during the registration for additional fee (10 EUR). All participants, who do not have a medical certificate, will not be allowed to compete!
Medals and awarding	Winners of 1st place will be awarded with medal, diploma and commemorative prize, 2nd and 3rd places – diploma and medal. Teams will be awarded with championship cups!
Equipment	All participants must have their own protective gear and uniform according to WAKO rules http://www.wakoweb.com
Flags	All international teams must submit their national flag during the registration.
Participation fee	15 EUR (fifteen euro 00 cents) for participant in each discipline
Hotel	The organizing committee is offering assistance in accommodation (Robežsardzes koledža accom. (places 70, price 5 EUR) other accom. from 22 to 39 EUR). Applications for accommodation must be submitted before 29th of April 2018. Each team is itself responsible for all expenses carried by the team (starting fee, accommodation, transportation, meal, etc.).
Application deadline: 19th April 2018	
Application forms:	Applications can be submitted by e-mails: nikolajs.pusnakovs@gmail.com , wakolat@inbox.lv Mobile phone number.: +371 29100236 Participation of sport teams, which do not apply in time, is not guaranteed

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Disciplines and rules

WAKO KICK-LIGHT															
Small Children		Children		Younger Cadets		Older Cadets		Younger Juniors		Juniors		Seniors		Veterans	
Years 6-7		8-9		10-11		12-13		14-15		16-18		19-40		41-45	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Male	Female	Male	Female	Male	Female	Male	Female
KL-SCB-67	KL-SCG-67	KL-CB-89	KL-CG-67	KL-YCB-10-11	KL-YCG-10-11	KL-OCB-12-13	KL-OCG-12-13	KL-YJM-14-15	KL-YJF-14-15	KL-JM-16-18	KL-JF-16-18	KL-SM-19-40	KL-SF-19-40	KL-VM-41-45	KL-VF-41-45
-23	-23	-23	-23	-28	-28	-42	-42	-42	-42	-52	-50	-52	-50	-63	-55
-26	-26	-26	-26	-32	-32	-47	-46	-47	-46	-57	-55	-57	-55	-74	-65
-29	-29	-29	-29	-37	-37	-52	-50	-52	-50	-63	-60	-63	-60	-84	+65
-32	-32	-32	-32	-42	-42	-57	-55	-57	-55	-69	-65	-69	-65	-94	
-37	-37	-37	-37	-47	-47	-63	-60	-63	-60	-74	-70	-74	-70	+94	
+37	+37	+37	+37	+47	+47	-69	-65	-69	-65	-79	+70	-79	+70		
						+69	+65	+69	+65	-84		-84			
										+84		-89			
												-94			
												+94			

[WAKO rules tatami sports](#), [Kick-Light rules](#)

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Disciplines and rules

WAKO FULL/K-1							
Older Cadets		Younger Juniors		Juniors		Seniors	
Years 12-13		14-15		16-18		19-40	
Boys	Girls	Male	Female	Male	Female	Male	Female
FC-OCB-12-13 K1-OCB-12-13	FC-OCG-12-13 K1-OCG-12-13	FC-YJM-14-15 K1-YJM-14-15	FC-YJF-14-15 K1-YJF-14-15	FC-JM-16-18 K1-JM-16-18	FC-JF-16-18 K1-JF-16-18	FC-SM-19-40 K1-SM-19-40	FC-SF-19-40 K1-SF-19-40
-42	-42	-42	-40	-51	-48	-51	-48
-45	-46	-45	-44	-54	-52	-54	-52
-48	-50	-48	-48	-57	-56	-57	-56
-51		-51	-52	-60	-60	-60	-60
		-54		-63.5	+60	-63.5	-65
		-57		-67		-67	+65
				-71		-71	
				-75		-75	
				-81		-81	
				-86		-86	
						-91	
						+91	

[WAKO rules rings sports, FULL, WAKO K-1](#)

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