

**WPC ATKLĀTAIS LATVIJAS ČEMPIONĀTS**  
 Latvia, Iecava (07.04-08.04 2012)

## Bench press equipped

Name	Surname	Country	Age	Group	Weight	Category	Bench press				Best	Points
							1st	2nd	3rd	4th		
<b>M - 52 kg - Teenage (13-15)</b>												
Rainers	Spirģis	LV	8	Teenage (13-15)	28.30	52	<b>22.50</b>	<b>25.00</b>	<b>26.00</b>		26.00	34.433
<b>M - 60 kg - Teenage (13-15)</b>												
Normunds	Graudīņš	LV	15	Teenage (13-15)	57.70	60	<b>65.00</b>	<b>70.00</b>	<b>75.00</b>		75.00	64.924
Kristers	Kairis	LV	13	Teenage (13-15)	56.40	60	<del>55.00</del>	<b>55.00</b>	<b>60.00</b>		60.00	53.163
<b>M - 60 kg - Teenage (16-17)</b>												
Elvijs	Pudžmis	LV	16	Teenage (16-17)	58.50	60	<b>75.00</b>	<b>80.00</b>	<del>82.50</del>		80.00	68.304
<b>M - 60 kg - Junior (20-23)</b>												
Andis	Rozenfelds	LV	20	Junior (20-23)	60.00	60	<b>77.50</b>	<del>82.50</del>	<b>82.50</b>		82.50	68.710
Alberts	Kozlovs	LV	20	Junior (20-23)	58.50	60	<b>70.00</b>	<b>75.00</b>	<del>77.50</del>		75.00	64.035
<b>M - 60 kg - Open (24-39)</b>												
Renārs	Zitmanis	LV	35	Open (24-39)	60.00	60	<del>60.00</del>	<del>60.00</del>			0.00	0.000
<b>M - 67.50 kg - Teenage (13-15)</b>												
Mārtiņš	Jurkovskis	LV	15	Teenage (13-15)	65.40	67.50	<b>55.00</b>	<b>60.00</b>	<del>65.00</del>		60.00	46.146
<b>M - 67.50 kg - Teenage (16-17)</b>												
Ints	Dedelis	LV	17	Teenage (16-17)	64.45	67.50	<b>112.50</b>	<b>115.00</b>	<del>120.00</del>		115.00	89.602
<b>M - 67.50 kg - Teenage (18-19)</b>												
Elvijs	Kerēvics	LV	18	Teenage (18-19)	65.50	67.50	<b>85.00</b>	<b>90.00</b>	<del>95.00</del>		90.00	69.125
<b>M - 67.50 kg - Junior (20-23)</b>												
Arvis	Kalnenieks	LV	20	Junior (20-23)	66.10	67.50	<b>100.00</b>	<b>105.00</b>	<b>107.50</b>		107.50	81.915
Andrejs	Kozlovs	LV	20	Junior (20-23)	61.10	67.50	<b>80.00</b>	<b>85.00</b>	<del>90.00</del>		85.00	69.568
<b>M - 67.50 kg - Open (24-39)</b>												
Atis	Krastiņš	LV	25	Open (24-39)	62.20	67.50	<b>110.00</b>	<del>120.00</del>			110.00	88.534
Pauls	Klāsēns	LV	39	Open (24-39)	64.70	67.50	<b>72.50</b>	<b>77.50</b>	<del>82.50</del>		77.50	60.175
<b>M - 67.50 kg - Masters (60-64)</b>												

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							1st	2nd	3rd	4th		
Agris	Vinogrādovs	LV	62	Masters (60-64)	64.20	67.50	<b>55.00</b>	<del>60.00</del>			55.00	59.901
<b>M - 75 kg - Junior (20-23)</b>												
Igors	Lavišs	LV	22	Junior (20-23)	73.30	75	<b>145.00</b>	<b>155.00</b>	<b>160.00</b>		160.00	112.072
Elans	Samuļenoks	LV	21	Junior (20-23)	74.40	75	<b>120.00</b>	<b>130.00</b>	<del>140.00</del>		130.00	90.045
Eduards	Matvējovs	LV	20	Junior (20-23)	73.50	75	<del>155.00</del>	<del>155.00</del>	<del>157.50</del>		0.00	0.000
<b>M - 82.5 kg - Teenage (13-15)</b>												
Haralds Ansis	Glūzda	LV	15	Teenage (13-15)	78.40	82.5	<b>75.00</b>		<b>80.00</b>		80.00	53.360
<b>M - 82.5 kg - Teenage (18-19)</b>												
Mārtiņš	Kļaviņš	LV	19	Teenage (18-19)	79.30	82.5	<b>100.00</b>	<b>105.00</b>	<b>107.50</b>		107.50	71.138
<b>M - 82.5 kg - Junior (20-23)</b>												
Andris	Džeriņš	LV	20	Junior (20-23)	79.90	82.5	<b>165.00</b>	<b>170.00</b>	<b>175.00</b>		175.00	115.211
Artūrs	Ikše	LV	22	Junior (20-23)	81.30	82.5	<b>135.00</b>	<b>160.00</b>	<del>170.00</del>		160.00	104.128
Elvijs	Žieds	LV	21	Junior (20-23)	76.90	82.5	<b>95.00</b>	<b>100.00</b>	<del>105.00</del>		100.00	67.610
<b>M - 82.5 kg - Open (24-39)</b>												
Gints	Pāvils	LV	28	Open (24-39)	81.90	82.5	<b>187.50</b>	<del>195.00</del>	<b>200.00</b>		200.00	129.530
Gatis	Biezais	LV	36	Open (24-39)	82.30	82.5	<b>195.00</b>	<b>200.00</b>	<del>205.00</del>		200.00	129.120
Jānis	Ernestons	LV	27	Open (24-39)	82.00	82.5	<del>120.00</del>		<del>130.00</del>		0.00	0.000
<b>M - 82.5 kg - Masters (55-59)</b>												
Alfrēds	Graudiņš	LV	56	Masters (55-59)	82.40	82.5	<b>140.00</b>	<del>147.50</del>			140.00	112.531
<b>M - 82.5 kg - Masters (60-64)</b>												
Edmunds	Kēnigvalds	LV	63	Masters (60-64)	81.80	82.5	<b>102.50</b>	<b>105.00</b>	<b>107.50</b>		107.50	99.017
<b>M - 90 kg - Teenage (13-15)</b>												
Pauls Pāvels	Krūmiņš	LV	15	Teenage (13-15)	87.70	90	<b>95.00</b>	<del>110.00</del>	<b>110.00</b>		110.00	68.299
<b>M - 90 kg - Teenage (18-19)</b>												
Edgars	Krūmiņš	LV	18	Teenage (18-19)	85.20	90	<b>95.00</b>	<b>105.00</b>	<del>110.00</del>		105.00	66.329
<b>M - 90 kg - Junior (20-23)</b>												
Elvijs	Kušniruks	LV	20	Junior (20-23)	83.30	90	<b>120.00</b>	<del>127.50</del>	<del>127.50</del>		120.00	76.878
<b>M - 90 kg - Open (24-39)</b>												

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							1st	2nd	3rd	4th		
Viesturs	Eidemanis	LV	31	Open (24-39)	87.20	90	<del>220.00</del>	<b>220.00</b>			220.00	137.060
Māris	Rāzmanis	LV	25	Open (24-39)	89.90	90	<b>150.00</b>	<del>155.00</del>	<del>155.00</del>		150.00	91.838
Normunds	Kačanovs	LV	32	Open (24-39)	89.80	90	<b>130.00</b>	<del>140.00</del>	<b>145.00</b>		145.00	88.827
<b>M - 90 kg - Masters (40-44)</b>												
Artūrs	Mugdenko	LV	40	Masters (40-44)	87.50	90	<b>170.00</b>	<b>175.00</b>	<b>180.00</b>		180.00	111.915
<b>M - 90 kg - Masters (50-54)</b>												
Dainis	Zaķis	LV	52	Masters (50-54)	89.80	90	<b>135.00</b>	<b>145.00</b>	<b>150.00</b>		150.00	107.052
<b>M - 100 kg - Teenage (18-19)</b>												
Armands	Skuja	LV	19	Teenage (18-19)	93.50	100	<b>100.00</b>	<del>110.00</del>	<del>110.00</del>		100.00	59.965
<b>M - 100 kg - Junior (20-23)</b>												
Rihards	Lacs	LV	22	Junior (20-23)	97.40	100	<b>175.00</b>	<del>180.00</del>			175.00	102.900
Jānis	Vīgants	LV	21	Junior (20-23)	93.40	100	<del>137.50</del>		<b>137.50</b>		137.50	82.493
<b>M - 100 kg - Open (24-39)</b>												
Ģirts	Gūtmanis	LV	24	Open (24-39)	99.00	100	<b>175.00</b>	<b>180.00</b>	<b>195.00</b>		195.00	113.841
Jānis	Freimanis	LV	29	Open (24-39)	99.90	100	<b>165.00</b>	<del>170.00</del>	<b>170.00</b>		170.00	98.864
Mārtiņš	Būčiņš	LV	37	Open (24-39)	96.00	100	<b>165.00</b>	<del>172.50</del>			165.00	97.672
Juris	Glaņenko	LV	26	Open (24-39)	93.90	100	<b>150.00</b>				150.00	89.760
<b>M - 110 kg - Teenage (13-15)</b>												
Erlends	Eversons	LV	15	Teenage (13-15)	106.90	110	<b>50.00</b>	<del>65.00</del>	<b>67.50</b>		67.50	38.293
<b>M - 110 kg - Open (24-39)</b>												
Jevgēnijs	Artemjevs	LV	24	Open (24-39)	104.10	110	<del>290.00</del>	<del>290.00</del>	<b>290.00</b>		290.00	165.996
Andis	Kaspars	LV	36	Open (24-39)	109.70	110	<b>170.00</b>	<del>230.00</del>	<del>230.00</del>		170.00	95.693
<b>M - 110 kg - Masters (45-49)</b>												
Gvido	Kohs	LV	46	Masters (45-49)	105.70	110	<b>150.00</b>	<b>160.00</b>	<b>170.00</b>		170.00	103.380
<b>M - 110 kg - Masters (50-54)</b>												
Ainārs	Spirģis	LV	51	Masters (50-54)	107.80	110	<b>80.00</b>	<b>90.00</b>			90.00	58.408
<b>M - 125 kg - Open (24-39)</b>												
Maksims	Selickis	LV	31	Open (24-39)	110.10	125	<b>300.00</b>	<b>310.00</b>	<del>322.50</del>		310.00	174.329

Name	Surname	Country	Age	Group	Weight	Category	Bench press				Best	Points
							1st	2nd	3rd	4th		
Agnis	Beiers	LV	30	Open (24-39)	122.30	125	<b>120.00</b>	<del>160.00</del>	<del>160.00</del>		120.00	65.826
Andis	Šķensbergs	LV	31	Open (24-39)	118.00	125	<del>260.00</del>	<del>260.00</del>	<del>260.00</del>		0.00	0.000
Voldemārs	Šers	LV	51	Open (24-39)	119.10	125	<del>260.00</del>	<del>270.00</del>	<del>280.00</del>		0.00	0.000
<b>M - 125 kg - Masters (40-44)</b>												
Ikars	Gabrāns	LV	43	Masters (40-44)	117.50	125	<b>140.00</b>	<b>150.00</b>	<b>155.00</b>		155.00	88.452
<b>M - 125 kg - Masters (45-49)</b>												
Aigars	Polis	LV	49	Masters (45-49)	110.20	125	<b>165.00</b>	<b>172.50</b>	<del>185.00</del>		172.50	107.938
Valters	Pfeifle	LV	45	Masters (45-49)	120.00	125	<b>145.00</b>	<b>155.00</b>	<b>170.00</b>		170.00	98.813
<b>M - 125 kg - Masters (50-54)</b>												
Dainis	Polis	LV	52	Masters (50-54)	116.50	125	<b>180.00</b>	<del>200.00</del>			180.00	116.300
Voldemārs	Šers	LV	51	Masters (50-54)	119.10	125	<del>260.00</del>	<del>270.00</del>	<del>280.00</del>		0.00	0.000
<b>M - 125 kg - Masters (55-59)</b>												
Viktors	Pevko	LV	55	Masters (55-59)	118.90	125	<b>140.00</b>	<b>150.00</b>	<b>155.00</b>		155.00	104.830
<b>M - 125 kg - Masters (60-64)</b>												
Māris	Gūtmanis	LV	60	Masters (60-64)	123.30	125	<b>152.50</b>	<b>160.00</b>	<del>165.00</del>		160.00	117.373
<b>M - 140 kg - Open (24-39)</b>												
Andrejs	Mūrnieks	LV	31	Open (24-39)	130.10	140	<b>290.00</b>	<b>300.00</b>			300.00	162.063
Sandris	Preimanis	LV	38	Open (24-39)	128.90	140	<b>200.00</b>	<b>210.00</b>			210.00	113.700
<b>M - 140+ kg - Masters (55-59)</b>												
Ēriks	Leimanis	LV	59	Masters (55-59)	140.50	140+	<b>160.00</b>	<del>170.00</del>	<del>180.00</del>		160.00	111.670
<b>F - 56 kg - Junior (20-23)</b>												
Madara	Bērziņa	LV	20	Junior (20-23)	55.00	56	<del>22.50</del>	<b>22.50</b>	<del>27.50</del>		22.50	23.830
<b>F - 60 kg - Open (24-39)</b>												
Jekaterina	Plaksina	LV	25	Open (24-39)	59.50	60	<b>52.50</b>	<b>57.50</b>	<b>60.00</b>		60.00	59.655
<b>F - 82.50 kg - Teenage (13-15)</b>												
Elīna	Kaire	LV	14	Teenage (13-15)	79.90	82.50	<b>50.00</b>	<del>55.00</del>	<del>57.50</del>		50.00	40.120
<b>F - 82.50 kg - Masters (45-49)</b>												
Sandra	Bileiše	LV	48	Masters (45-49)	77.40	82.50	<del>100.00</del>	<del>105.00</del>	<del>107.50</del>		0.00	0.000
<b>F - 90+ kg - Masters (55-59)</b>												

Name	Surname	Country	Age	Group	Weight	Category	Bench press				Best	Points
							1st	2nd	3rd	4th		
Līga	Gūtmane	LV	56	Masters (55-59)	100.00	90+	<b>45.00</b>	<b>50.00</b>	<del>52.50</del>		50.00	44.585

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