

WPC Powerlifting Europeans in Mikkeli, Finland - 5.6.2009

Powerlifting best men junior by points																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Haapasaari Joonas	FIN	125	122.4	320.0	320.0	350.0		275.0	295.0	310.0		245.0	260.0	270.0		875.0	479.89
2	Latva-Somppi Antti	FIN	110	109.0	285.0	285.0	300.0		200.0	215.0	230.0		280.0	305.0	315.0		820.0	462.44
3	Ruuskanen Miika	FIN	140	129.7	330.0	330.0	350.0		220.0	220.0	235.0		270.0	290.0	310.0		840.0	454.10
4	Nikkinen Mika	FIN	100	99.6	290.0	310.0	310.0		190.0	200.0	210.0		240.0	250.0	260.0		770.0	448.37
5	Hernes Einar	NOR	125	117.0	300.0	320.0	340.0		190.0	200.0	210.0		260.0	280.0	280.0		800.0	443.24
6	Lehtinen Oskari	FIN	100	98.3	270.0	280.0	300.0		190.0	200.0	210.0		230.0	245.0	245.0		720.0	421.63
7	Kas'ko Ilia	RUS	110	110.0	230.0	240.0	250.0		190.0	190.0	200.0		230.0	250.0	260.0		710.0	399.38
8	Chapelier Adam	FRA	100	97.3	265.0	265.0	265.0		155.0	160.0	170.0		230.0	245.0	252.5		670.0	394.13

Powerlifting men junior 100 kg																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Nikkinen Mika	FIN	100	99.6	290.0	310.0	310.0		190.0	200.0	210.0		240.0	250.0	260.0		770.0	448.37
2	Lehtinen Oskari	FIN	100	98.3	270.0	280.0	300.0		190.0	200.0	210.0		230.0	245.0	245.0		720.0	421.63
3	Chapelier Adam	FRA	100	97.3	265.0	265.0	265.0		155.0	160.0	170.0		230.0	245.0	252.5		670.0	394.13

Powerlifting men junior 110 kg																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Latva-Somppi Antti	FIN	110	109.0	285.0	285.0	300.0		200.0	215.0	230.0		280.0	305.0	315.0		820.0	462.44
2	Kas'ko Ilia	RUS	110	110.0	230.0	240.0	250.0		190.0	190.0	200.0		230.0	250.0	260.0		710.0	399.38

Powerlifting men junior 125 kg																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Haapasaari Joonas	FIN	125	122.4	320.0	320.0	350.0		275.0	295.0	310.0		245.0	260.0	270.0		875.0	479.89
2	Hernes Einar	NOR	125	117.0	300.0	320.0	340.0		190.0	200.0	210.0		260.0	280.0	280.0		800.0	443.24

Powerlifting men junior 140 kg																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Ruuskanen Miika	FIN	140	129.7	330.0	330.0	350.0		220.0	220.0	235.0		270.0	290.0	310.0		840.0	454.10

Powerlifting best men master by points																		
num	name	country	class	weight	squat				bench press				deadlift			total kg	points	
1	Chepets Yuriy	RUS	82.5	77.9	215.0	232.5	240.0		155.0	165.0	170.5		195.0	205.0	210.0		620.5	650.58
2	Mursu Aimo	FIN	82.5	81.8	215.0	227.5	232.5		135.0	142.5	145.0		230.0	240.0	250.0		617.5	626.41
3	Maksimushkin Alexander	RUS	110	109.4	280.0	310.0			180.0	205.5			240.0	265.0	285.0		780.5	581.28
4	Kiselev Yuriy	RUS	67.5	65.1	110.0	130.0	145.0		80.0	85.0	95.0		150.0	175.0	185.0		415.0	557.64
5	Steinbergs Janis	LVA	67.5	67.1	200.0	215.0	220.0		140.0	150.0	152.5		190.0	205.0	212.5		585.0	513.96
6	Sizov Andrey	RUS	100	96.3	320.0	320.0	340.0		210.0	210.0	210.0		300.0	310.0	320.0		860.0	510.89

7	Ketola Pekka	FIN	100	95.7	215.0	230.0	240.0		160.0	170.0	170.0		215.0	230.0	230.0		630.0	504.22
8	Chernyavskiy Oleg	RUS	110	104.9	300.0	320.0	330.0		240.0	250.0	260.0		270.0	290.0	300.0		870.0	503.59
9	Makovskiy Konstantin	RUS	110	108.8	240.0	240.0	260.0		180.0	190.0	190.0		230.0	230.0	250.0		690.0	454.74
10	Sabalins Nikolaas	LVA	125	111.1	285.0	285.0	285.0		125.0	135.0			270.0	290.0	305.0		725.0	445.73
11	Dimitriev Evgeny	RUS	125	124.2	150.0	160.0			120.0	135.0	150.0		160.0	190.0			500.0	445.28

Powerlifting men master 40-44 years 110 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
1	Chernyavskiy Oleg	RUS	110	104.9	300.0	320.0	330.0		240.0	250.0	260.0		270.0	290.0	300.0		870.0	503.59

Powerlifting men master 40-44 years 125 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
-	Göck Michael	DEU	125	125.0	330.0	330.0	330.0		200.0				280.0					

Powerlifting men master 45-49 years 110 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
-	Rogozhnikov Konstantin	RUS	110	104.9	350.0	370.0	370.0		210.0	220.0	225.0		270.0					

Powerlifting men master 45-49 years 125 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
1	Sabalins Nikolaas	LVA	125	111.1	285.0	285.0	285.0		125.0	135.0			270.0	290.0	305.0		725.0	445.73

Powerlifting men master 50-54 years 110 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
1	Makovskiy Konstantin	RUS	110	108.8	240.0	240.0	260.0		180.0	190.0	190.0		230.0	230.0	250.0		690.0	454.74

Powerlifting men master 50-54 years 125 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
-	Rantanen Pekka	FIN	125	117.4	275.0	290.0	290.0		195.0	195.0	195.0		225.0					

Powerlifting men master 55-59 years 110 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
1	Maksimushkin Alexander	RUS	110	109.4	280.0	310.0			180.0	205.5			240.0	265.0	285.0		780.5	581.28

Powerlifting men master 65-69 years 125 kg

num	name	country	class	weight	squat			bench press			deadlift			total kg	points			
1	Dimitriev Evgeny	RUS	125	124.2	150.0	160.0			120.0	135.0	150.0		160.0	190.0			500.0	445.28